

Cluster Rain Garden Project Implementation of the Troy Brook Regional Stormwater Management Plan—Part B, Voluntary Measures. RP08-056

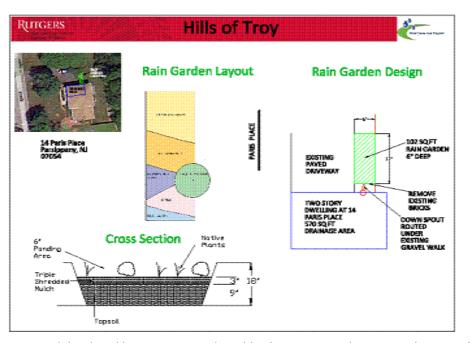
Dinesh Chheda Rain Garden Maintenance Manual





Photo courtesy Ingrid Witty, Environmental Steward





Layout design Rutgers Water Resources Program. .

Maintenance Manual developed by Pat Rector and Ingrid Witty. Power Point presentation on maintenance developed by the Water resources Program Rutgers Cooperative Extension.

Acknowledgements

This project was the culmination of earlier projects and the dedication of many people, groups and associations along the way.

Dr. Christopher Obropta, who had the foresight and dedication to bring Rain Gardens to the Garden State and to be the force to keep them planting.

Dr. Christopher Obropta and Dr. Sandra Goodrow and all the partners who participated in the development of the Troy Brook Regional Stormwater Management Plan: for the ability to see the Big Picture and know how stormwater should be handled; especially Ray Zabihach, formerly of Morris County Planning.

The Whippany River Watershed Action Committee. You did it again guys. First Regional Stormwater Management Plan and now First Residential Cluster Rain Garden Project. For always being dedicated partners, out there ahead of the curve.

The Township of Parsippany-Troy Hills for assistance and partnership whether the rain garden is in their own municipal back yard or in the Hills of Troy.

And to the 5 residents of the Hills of Troy who took the leap— and were willing to say YES to improving water quality by partnering with Rutgers to have a rain garden demonstration project installed on their property.

Thank you to all the dedicated partners in the Troy Brook Watershed. This is how clean water happens.

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What is a Rain Garden?

What is a Rain Garden?

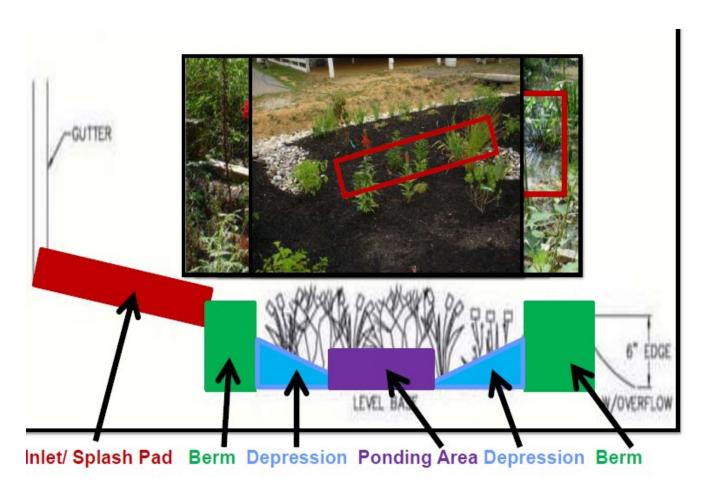
A rain garden is a landscaped, shallow depression that allows rain and snowmelt to be collected and seep naturally

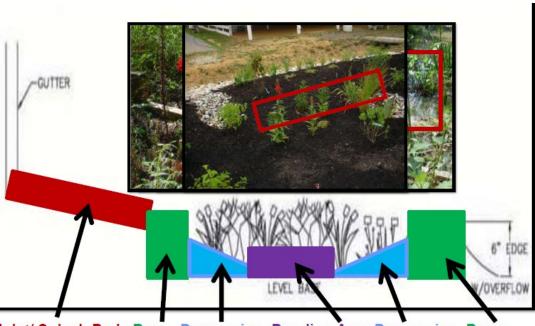
into the ground. This helps recharge our groundwater supply and prevents a water quality problem called polluted runoff (nonpoint source pollution). Rain gardens are an important way to make our cities and neighborhoods more attractive and sustainable.





Sections of a Rain Garden





Inlet/ Splash Pad Berm Depression Ponding Area Depression Berm

Types of Plants

http://plants.usda.gov

Your Rain Garden is composed of woody plants (trees and shrubs) and herbaceous species (flowers, grasses, and ground covers) planted in three



Facultative (FAC), Facultative Upland (FACU) fluctuating water levels.

The middle zone is slightly Facultative Wetland (FACW), The middle zone is singility drier, but also supports plant species that can tolerate

Inlet/ Splash Pad Berm Depression Ponding Area Depression Berm

Examples of plants that will do well in the ponding area. Further information is available through the references listed at the end of this manual.

Lowest Zone/Ponding Area Native Plants



Marsh Marigold Caltha palustris



Rose Mallow Hibiscus palustris

Inlet/ Splash Pad Berm Depression Ponding Area Depression Berm

Examples of plants that will do well in the middle depression area. Further information is available through the references listed at the end of this manual.

Middle Zone/Depression Area Native Plants



Joe Pye Weed Eupatorium purpureum



Obedient Plant
Physostegia virginiana



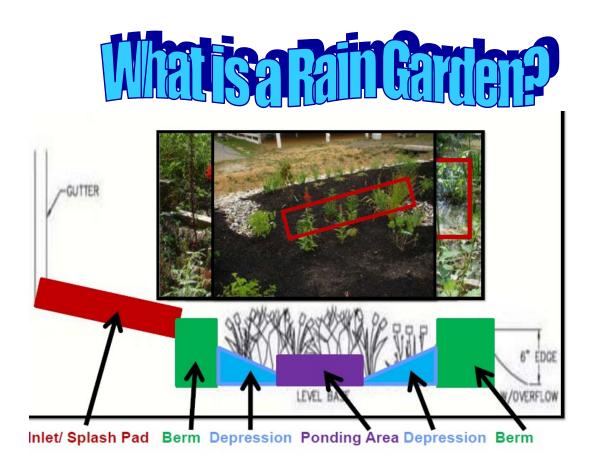
Examples of plants that will do well in the middle depression area. Further information is available through the references listed at the end of this manual.

Highest Zone/Upland Area Native Plants



Black Eyed Susan Rudbeckia hirta

Bee Balm Monarda didyma



Amount of Mulch Required for a Three Inch Thick Layer

Size of Rain Garden	Approximate Amount of Mulch
25 square feet	0.25 cubic yard
50 square feet	0.50 cubic yard
100 square feet	1.0 cubic yard
200 square feet	2.0 cubic yards

Triple-shredded Hardwood with No Dye



Springfield Municipal Annex Building, Union County

Percolation Test

	Dinesh	14 Paris Place
	Time	Depth (inches)
1st hour	12:30	11
2nd hour	1:30	7
3rd hour	2:30	4.5
4th hour	3:30	0
Percolation Rate (inches/hours		2.75



Plants in the Dinesh Rain Garden

Common name	Scientific name	Number provided in garden
Blue Flag Iris	Lobelia Siphilitica	7
Boneset	Eupatorium Perfoliatum	6
Brown-eyed Susan	Rudbeckia Triloba	5
False Sunflower	Heliopsis Hekianthoides	5
New England Aster	Aster Novae-Angliae	4

Iris Versicolor Blue Flag Iris

Foliage and Summer Flower



Picture/Text Credit: Lady Bird Johnson Wildflower Center The University of Texas at Austin Photographer: Hixson, John

Characteristics: Herbaceous, Perennial

USDA Native Status: Native to US

Appearance:

Height -2-3 ft.

Flower Color – Blue, and Purple

Flowering Period - May, June, July and August

Light Requirement: Sun, Part shade

Habitat (Community): Meadows; stream banks; marshes; swamps

Hydrology:

Indicator status – OBL Obligate wetland species

Wildlife Benefits: Attracts Hummingbirds

Distribution USA: CT, DE, ID, IL, ME, MD, MA, MI, MN, NH, NJ, NY, OH, PA, RI, VT, VA,

WI, DC

Canada: MB , NB , NL , NS , ON , PE , QC , SK

Native Distribution: S. Lab. to Man, s. to w. VA, n. OH, MI & MN

USDA Native Status: L48(N), CAN(N), SPM(N)

Eupatorium Perfoliatum Boneset

Foliage and Summer/Fall Flower



Picture Credit: Lady Bird Johnson Wildflower Center The University of Texas at Austin Photographer: Bransford, W.D. Mrs.

Characteristics: Herbaceous, Perennial

Appearance:

Height – 3 - 6 ft. **Flower Color** – White **Flowering Period** – June through October **Light Requirement**: Sun, Part Shade

Habitat (Community): Damp prairies; alluvial woods; bogs

Hydrology:

Indicator status – UPL Obligate Upland

Wildlife Benefits: (Nectar) food for bees, and butterflies, and attracts birds.

Distribution USA: AL, AR, CT, DE, FL, GA, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NE, NH, NJ, NY, NC, ND, OH, OK, PA, RI, SC, SD, TN, TX, VT, VA, WV, WI, DC

Canada: MB, NB, NS, ON, PE, QC

Native Distribution: E. Canada to FL, w. to e. Dakotas, w. NE, e. KS & n. TX

USDA Native Status: L48(N), CAN(N)

Rudbeckia Triloba Brown-eyed Susan

Foliage and Summer/Fall Flower



Picture Credit: Lady Bird Johnson Wildflower Center The University of Texas at Austin Photographer: Watkins, Mariann.

Characteristics: Herbaceous, Perennial

Appearance:

Height – 2 - 5 ft. **Flower Color** – Yellow **Flowering Period** – June through October **Light Requirement**: Sun, Part Shade

Habitat (Community): Open, moist woods

Hydrology:

Indicator status – FACU Facultative Upland – Occurs on non-wetland, but found wetlands.

Wildlife Benefits: Food for birds, and provides nectar for butterflies.

 $\begin{array}{l} \textbf{Distribution USA:} \ AL\ , AR\ , CO\ , CT\ , DE\ , FL\ , GA\ , IL\ , IN\ , IA\ , KS\ , KY\ , LA\ , MD\ , \\ MA\ , MI\ , MN\ , MS\ , MO\ , NE\ , NJ\ , NY\ , NC\ , OH\ , OK\ , PA\ , SC\ , TN\ , TX\ , UT\ , VT\ , VA\ , \\ WV\ , WI\ , DC \end{array}$

Canada: ON, QC

Native Distribution: NY to GA, s. to s. MN, w. IA, e. NE & OK; escaping northeastward

USDA Native Status: L48(N), CAN(I)

Heliopsis Helianthoides False Sunflower

Foliage and Summer/Fall Flower



Picture Credit: Lady Bird Johnson Wildflower Center The University of Texas at Austin Photographer: Muller, Thomas.

Characteristics: Herbaceous, Perennial

Appearance:

Height -3 - 5 ft.

Flower Color - Yellow

Flowering Period – June through September

Light Requirement: Sun

Habitat (Community): Moist to dry; open woodlands; prairies; fields

Hydrology:

Indicator status – UPL Upland

Wildlife Benefits: Attracts hummingbirds.

Distribution USA: AL, AR, CO, CT, DE, FL, GA, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NE, NH, NJ, NM, NY, NC, ND, OH, OK, PA, RI, SC, SD, TN, TX, VT, VA, WA, WV, WI, DC

Canada: MB, ON, QC, SK

Native Distribution: S. Que. to FL, w. to s.e. B.C. & NM; naturalized northeastward

USDA Native Status: L48(N), CAN(N)

Aster Novae Angliae New England Aster

Foliage and Summer/Fall Flower



Picture Credit: Lady Bird Johnson Wildflower Center The University of Texas at Austin Photographer: Watkins Mariann

Characteristics: Herbaceous, Perennial

Appearance:

Height – 3-6 ft.

Flower Color – Purple, and pink

Flowering Period – August, September and October

Light Requirement: Sun

Habitat (Community): Moist, open, wooded areas; meadows; mesic prairies;

disturbed sites; stream banks

Hydrology:

Indicator status – FACW Facultative – Occurs on wetlands or non-wetlands

Wildlife Benefits: Attracts bees and butterflies. Nectar source for Monarch Butterflies

Distribution USA: AL, AR, CO, CT, DE, GA, IL, IN, IA, KS, KY, ME, MD, MA, MI, MN, MS, MO, MT, NE, NH, NJ, NM, NY, NC, ND, OH, OK, OR, PA, RI,

SC, SD, TN, UT, VT, VA, WA, WV, WI, WY, DC

Canada: BC, MB, NB, NS, ON, QC

Native Distribution: Que. & ME to SC, w. to e. Great Plains; also mts. of WY, CO &

NM; naturalized elsewhere

USDA Native Status: L48 (N), CAN (N)



Ocoperative Extension of Morris County PO Box 900 Morristown, NJ 07963-0900 njaes.rutgers.edu/extension

Phone: 973-285-8300 Fax: 973-605-8195

Date 10 21 10

Rain Garden Project for Stormwater Management and Non-point Source Pollution Mitigation Program

Troy Brook Watershed

Agreement between Rutgers Cooperative Extension and Property Owner

Rutgers Water Resources Program will install one (1) rain garden located at A Paris Place. Parsippany, Morris County, New Jersey. The installation will include a site investigation, design of the garden, one-call utilities check, a soil test, purchase of the plants and the soll amendments as necessary, purchase of the mulch for the original planting, excavation of the original garden, planting of the original garden, and development of a maintenance plan for the homeowner as a component of a stormwater management and non-point source pollution mitigation program.		
I, the legal owner of the property located at		
Rutgers Cooperative Extension Water Resources Program Chiff Chiff Christopher C. Obropta, Ph.D., P.E.		

Pat Rector, Environmental and Natural Resource Management Agent

Rutgers Cooperative Extension of Morris County, NJ

Property Owner

NAME: SiNesh CHHEDA







This garden is designed to intercept, treat, and infiltrate stormwater at the source, before it becomes runoff. The plants are native to the region and help retain contaminants that could otherwise harm nearby waterways.

Rain gardens are beautiful, lowmaintenance, and inexpensive gardens that you can install at home.

http://water.rutgers.edu









Powerpoint provided by Rutgers Water Resources Program





Rain gardens are <u>low</u> maintenance gardens, not <u>no</u> maintenance gardens!

REQUIRED:

- 1. Inspecting
- 2. Watering
- 3. Mulching
- 4. Weeding
- 5. Pruning
- 6. Harvesting Plants
- 7. Fall Maintenance
- 8. Preparing a Photo Journal

AS NECESSARY:

- Re-planting
- 2. Removing sediment

Water Resources Program

- 3. Mowing
- 4. Soil Testing
- 5. Cleaning of Gutters
- Laying down stone and landscape fabric & pins





1. Inspecting

- What am I inspecting for?
 - Weeds and invasive plants
 - Plant health
 - Excessive sediment
 - Movement of sediment within the rain garden







Inspection:

Inspect after rain for gardens that do not drain within 24-48 hours!!!!

This can lead to mosquito habitat.

Notify the Morris County Mosquito Commission if you notice Mosquito breeding at **973-285-6450**







1. Inspecting

Observe the rain garden during rain events and note any problems or successes



Walnut Avenue Elementary School, Union County

Problem: Gullying after rain event Solution: Add a berm and/or plants



Hanson House/Hanson Park Conservancy, Union County

Success: Withstood rain event

1. Inspecting

 Rain Garden Site Visit Worksheet (Post-Installation)









1. Inspecting

- · When am I inspecting?
 - Prior to growing season
 - End of growing season
 - After large storm events
 - During weather extremes









Please submit annually for 3 years to

Pat Rector, County Environmental and Resource Management Agent Rutgers Cooperative Extension Of Morris County P.O. Box 900 Morristonw, NJ. 07963-0900

Part I: The Basics

Rain Garden Name	Dinesh Chheda Rain Garden
Rain Garden County	Morris County
Date	October 21-29, 2010 construction Today's Date:
Current Weather	
Did it rain yesterday? (please check)	
If yes, how many inches?	http://www.wunderground.com/

Please include a photo of your rain garden if possible.

Site Contact Name	
Site Contact Phone number	
Site Contact E-mail Address	
In the past year, has there been a special event at or around the rain garden?	
How many people on average ask for more information about the rain garden after walking past the site?	
Has any rain garden visitor said that they intend to install a rain garden on their own property? If yes, how many visitors?	
Has any rain garden visitor said that they intend to install a rain garden at a school or other public building in their community? If yes, how many visitors?	
What maintenance has been performed so far, if any?	
Are there any difficulties with maintaining the rain garden?	
How does the rain garden handle large/ intense storms? (Rain gardens should infil- trate stormwater within 24 hours)	
Do you have plans to install more rain gardens?	
Are there mosquitoes evident in the garden? Are there mosquito larvae present in the garden? Has the Mosquito Commission been notified as to the location of the Rain Garden (Yes Rutgers (Pat Rector has notified Tersa Duckworth of the Morris County Mosquito Commission).	
Are there any issues with overflow from the	













2. Watering

New rain gardens will need to be watered for the first one or two years until the garden is established!



Soaker hose





3. Mulching

· Apply mulch twice per year until groundcover establishes.

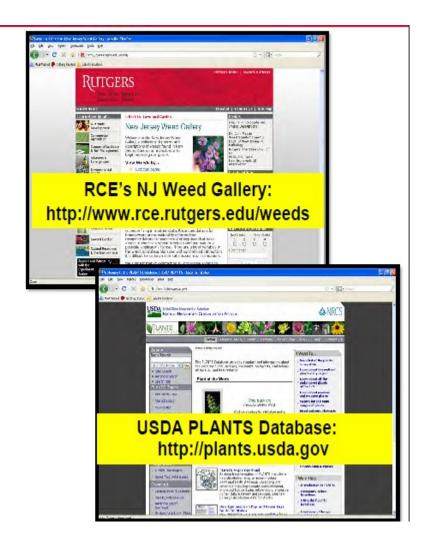






4. Weeding

- Weeding more often will limit the amount of time you will have to spend weeding
- Watch for overlycompetitive species
- Some weeds can be aggressively spreading underground by rhizomes







4. Weeding

Be on the lookout for these invasive species in your rain garden:

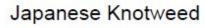


Photo by Betty Ann Kelly



Photo by Betty Ann Kelly

Wisteria





Photos by Betty Ann Kelly



Photos by Betty Ann Kelly





5. Pruning

- Pruning directs growth of plants, improves health, and increases production of flowers and fruits.
- How does pruning a rain garden differ from my other gardens?
 - In a rain garden, dense shrub growth is encouraged to provide increased filtering capacity.







5. Pruning

- "Deadheading" plants will also lead to succeeding new growths.
- Tattered and discolored plants should be cut back after spring arrives and growth is 4-6" tall.
- <u>THINNING</u>: basically, thinning out. This type of pruning removes entire braches back to the main trunk or major branches to the ground.
 - Expected result: large, open shrub
- HEADING: also known as heading back. This type of pruning removes only part of a branch.
 - Expected result: growth of multiple branches in place of single branch, thus a more dense shrub.







6. Harvesting Plants

- Collect seeds and cuttings from successful plants in the rain garden and use them for the new season.
- Plant more of the successful species in the rain garden as necessary.









FALL MAINTENANCE

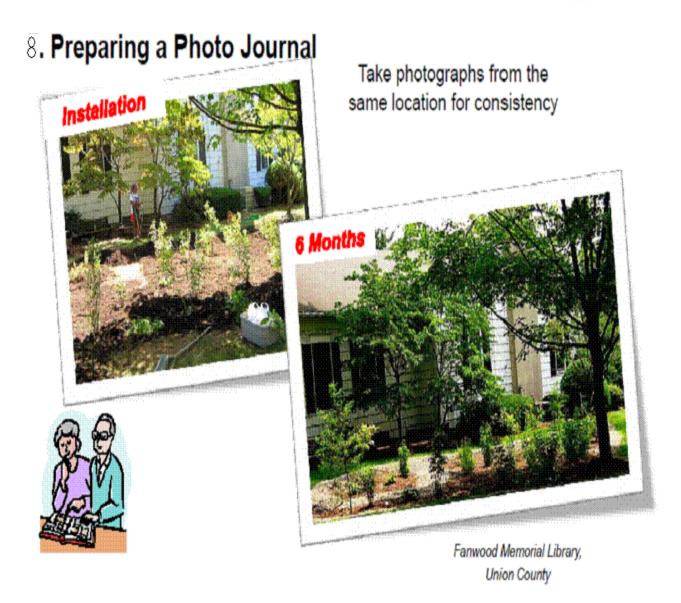
7. Remove leaves, and any debris

- Keep the *inflows, outflows, and ponding area* in your rain garden clear of any leaves and debris.
- Too much accumulation of leaves and debris can slow down percolation in the rain garden, and or overflow.
- Keep your <u>new gutters</u>, and drain pipes clear of any leaves, and/or debris as well
- Too much accumulation of leaves and debris can create clogs, which will decrease infiltration and can also decrease the proper outflow during large storm events..













1. Re-Planting

 After the first season, it may be obvious what plants were successful and what plants do not work for your rain garden.

- Over the growing season, was the weather drastically different than the conditions the basin was designed to retain?
- Was flow too fast through the basin, damaging health?
- Is flow being incorrectly diverted from the rain garden?



Photo by Linda Brazaitis





1. Re-Planting

- Replace dead or diseased plant material
- Re-seed the berm if there are areas of exposed soil
- Replace rocks that may be diverting flow out of the garden
- Build up areas where more protection is needed







2. Removing Sediment

- Since the rain garden serves the purpose of catchment and filtering runoff, sediment will tend to accumulate within the garden.
- This is a sign of success this sediment would have been directed straight to the local waterways without your efforts!







2. Removing Sediment

- With a flat shovel, remove soil that has accumulated in the basin. Avoid the vegetation!
- There is no exact schedule for when this should be done. Try to monitor sediment accumulation, especially after all heavy storm events.
- Be sure that sediment is not churning up from exposed areas of the rain garden.
 Flow should be dissipated to avoid these situations, which are likely to occur in the early stages of stabilization.
- Core aerate or cultivate bare areas annually if surface becomes clogged with fine sediments.







3. Mowing

- After the growing season, it will be necessary to remove stems and seedheads. These can be left for habitat and in some areas, aesthetics.
- A string trimmer can be used to maintain over-competitive growths.
- Dead plant materials can also be removed by a string trimmer or mower, if the mowing deck can be raised to cut at 6-8".







3. Mowing

- Mowing native grasses should occur two times a year in your rain garden.
 - Initial mowing can be done after the first few weeks of growth early Spring.
 - Final mowing can be completed after ground nesting birds have hatched the next generation usually near mid-May







Rain gardens can provide winter interest!











4. Soil Testing

- Soil should be tested every 3 years.
- pH should be in an acidic range
 - If pH is <5.2, apply limestone
 - If pH is >7.0 to 8.0, add aluminum sulfate or sulfur to reduce pH according to recommendations.
- Soil amendments should only be added when no storms are expected.
- Refer to RCE Fact Sheet 797. download from: http://njaes.rutgers.edu/pubs/



Soil Testing for Home Lawns and Gardens

Sangarik, Hadenan, (H.S.), Baranten Gerdalas in Self anlige Saphani Mappy, (H.S.), Similar of Self. Males and Florid Sangari Commencian and Sangh Land September 1990, Project Associates of Florid george

Soil moning may possible information about how to scheme the description of gradienticity of a large property of the formation of the property of the large property of the place potential the property of the property of the place potential the property of the large property of the larg proces. Proper soil and farther insuspension will be true the potential for many confirmation from fer liber: By known the plant applicate needs of your laws, and guidens, you can provide the exempty coins, of Sentimen, which may bead in ences mittent reaching strems or promiduates.

When to Sample

The level one same a scale simple is often for service, the fall of before optime familienties. Do not service though other a case, regulater, or manufe application or when the suffice executively wer. For surps, her terrors surpsing only present you have being on-tion. Suff assume anoth the reported when 2-3 years.

Where can I get a soil tost kit?

Sell per mingling him are evaluable for a Se-them most of Radgers Cooperative Extension's county of the article are listed in the thing pages of you telephote conhuntercounty poweraness. After an almonalistic from the Katyan Soils Laboratory, located at the Gook College Campus in New Transmiss. Separate and amples will need in he have premarely necessari different interior are retrieved treatment and areas that are noticeably different in plant or well smaller. For further information, that our meb site, with increasing answer, building tags at

How to take a soil sample

The Russey Soils Laboratory uses state-of-the-or instruments and methods of soil manyers. The rod rest, however, can only be as good as the still sample no letted, so it is very proported to the proper sampling techniques. The objective of sampling is to collect a mattern tample and will be a represent the average family of the temple was. Depending to the extendition which can post, offer) than 10 to 15 tores or sixtes of said white we king in a



though a seel display ages is spada also warks







5. Cleaning of Gutters

- Make sure rain gutters are clear of debris.
- If the flow of water is blocked in the gutter, the rain water will have difficulties getting to your rain garden.







6. Laying down stone and landscape fabric & pins





Landscape fabric is secured with landscaping pins under stone to prevent weed growth.

Web Resources

- Blue thumb http://www.bluethumb.org/plants/ This website will allow you to pick native plants based on raingarden, moisture (eg wet area upland area, bloom color etc) and then provide a list of plants that fit that criteria through a search.
- Rutgers Water Resources Program Rain Garden website: http://www.water.rutgers.edu/Rain_Gardens/RGWebsite/raingardens.html
- Rutgers Fact Sheet http://water.rutgers.edu/Rain_Gardens/ fs513.pdf
- Native plants manual website http://www.npsnj.org/rain_garden_home.htm
- Native Plant society manual: http://www.npsnj.org/ references/NPSNJ%20Rain%20Garden%20Manual%20 (Pages%201-24).pdf (includes example designs)
- Native Plant Society of NJ Manual Part 2: http:// www.npsnj.org/references/NPSNJ%20Rain%20Garden% 20Manual%20(Pages%2025-48).pdf
- University of Wisconsin Cooperative Extension how to manual: http://water.rutgers.edu/Rain_Gardens/ home.rgmanual.pdf
- Virginia Dept of Forestry Rain Garden Technical Manual: http://www.dof.virginia.gov/mgt/resources/pub-Rain-Garden-Tech-Guide_2008-05.pdf
- University of Connecticut Extension Rain Gardens: http://www.sustainability.uconn.edu/pdf/raingardenbroch.pdf
- Landscape Plants rated by deer resistance. Perdomo, Nitzsche, and Drake. Rutgers Cooperative Research & Extension Bulletin E271 http://njaes.rutgers.edu/pubs/publication.asp?pid=E271

Enjoy your Rain Garden



Parsippany-Troy Hills Rain Garden Summer 2010 Photo courtesy Pat Rector







